10 WAYS TO BE ACTIVE ALONG THE RED RIVER



1. Canoe or Kayak

- Rent kayaks at Lindenwood Park in Fargo. Learn more at fargoparks.com/Lindenwood-rentals
- Rental Shack at Hjemkomst Landing in Moorhead
 - ♦ Rent a canoe or kayak
 - ♦ Register for a River Paddling Excursion. Go on a guided canoe and kayak tour of the river.
 - ♦ Learn more (Pre-registration is required for River Paddling Excursions) at moorheadparks.com/on-the-river
 - ♦ Project Partners: Moorhead Parks and Recreation and River Keepers
- Volunteer at River Keepers On-the-Water Clean Up
 - Participants must be comfortable in a canoe and be willing to get dirty.
 - ♦ August 5 (backup August 12) from 6—8 p.m.
 - ♦ Pre-registration required. Email Kimberly@riverkeepers.org
- Participate in River Keepers Race the Red
 - ♦ Canoe and kayak races with multiple distances. All skill levels welcome. Registration encouraged.
 - ♦ June 17 at 6:30 p.m. (Back up July 15)
 - ♦ Register on Eventbrite

2. Boating

- Utilize the boat launches in Fargo and Moorhead for your next boating adventure.
- Fargo: Dike East, Iwen Park
- Moorhead: M.B. Johnson Park

Safety Tips for Having Fun on the **Red River** Safety is your responsibility. Before going out, read these tips:



FM Water Trail Map: FM Water Trail Map has information on access (including ADA), pedestrian bridges, river miles, portages around dams, safety and more.

- The Red River has over 80 species of
- Attend River Keepers Youth Fishing Clinics. Free.
 - ♦ Lil Anglers Fishing Clinic & Derby on June 13 from 5:30-7:30 p.m. at Dike East Park
 - ♦ RiverArts Fishing Clinic on July 23 from 5:30—8 p.m. at Viking Ship Park
 - ♦ Project Partners: FM Walleyes, Moorhead Parks and Recreation
- Shore Fishing
 - ♦ There are many places to fish from the banks in Fargo and Moorhead.



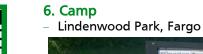
4. Disc Golf

- Fargo: Trollwood, Oak Grove, and Iwen Park
- Moorhead: Woodlawn Park
- Cass Clay Disc Golf Club on Facebook

5. Golf Along the River

- Public golf courses at Edgewood and El Zagal, Fargo
- Catfish Cup Golf Scramble.
 - ♦ Support River Keepers while golfing. Registration required.
 - ♦ June 10 at noon at Edgewood Golf Course





Guide to Fishing the

River Keepers

Golf Scramble

Red River

- Take a relaxing walk and learn about the Red River by reading interpretive signs
- Moorhead: Along the Moorhead River Corridor Trail and M.B. Johnson Park
- Fargo: Downtown, Wildflower **Grove Park**

7. Read Interpretive Signs

8. Find Red River Geocaches

Learn fun facts about the Red River by finding River Keepers geocaches and then continue your adventure with the many other caches along the river.



Scavenger

Hunts

9. Watch Wildlife

- Go on a scavenger hunt to try and find signs of animals using your senses.
 - Use River Keepers scavenger hunts to expand awareness for the river landscape, flora, and fauna.
- Bird watch or participate in Bird Counts
 - ♦ Learn more at <u>Dakota.audubon.org</u>



10. Ride a Bike

- Rent bikes at Lindenwood Park. Fargo
- 10 miles of single lane bike dirt trails near the river. Follow FM Trailbuilders on Facebook for trail conditions.
- Paved riverfront trails in Fargo and Moorhead run through many parks with beautiful scenery.





RIVERFRONT PARK CHALLENGE

Visit all the riverfront parks in Fargo/Moorhead! Check off each one below, take pictures and tag River Keepers on Facebook or Instagram!

Fargo Parks Burdick Dike East Forest River Heritage Hills Holm Park Iwen Park Lemke Lindenwood	☐ Lions Conservancy ☐ Mickelson ☐ Oak Grove ☐ Orchard Glen ☐ Statue of Liberty ☐ Trefoil ☐ Trollwood ☐ Wildflower Grove
Moorhead Parks Davy/Memorial Gooseberry Mound Horn M.B. Johnson	☐ River Oaks ☐ Riverfront ☐ Viking Ship ☐ Woodlawn

WINTER FUN

- Groomed trails for skiing and snowshoeing
 - Fargo: Dike East, Lindenwood, Forest River Park, and more!
 - Moorhead: Gooseberry Mound, Homestead Trail, M.B. Johnson, River Oaks, Viking Ship and Woodlawn Parks
- Ski and snowshoe rentals
- Winter Solstice Walk
 - Celebrate the longest night of the year by participating in a nighttime luminary walk
 - ♦ December 21, 5:30—8 p.m. at M.B. Johnson Park
 - Project Partners: River Keepers and Moorhead Parks and Recreation
- Frostival
 - A winter celebration with indoor and outdoor events for all
 - ♦ Register for River Keepers Interpretive Snowshoe Hike at Viking Ship Park
 - ♦ More information: <u>frostival.com</u>

PARK INFORMATION

The riverfront parks have a lot more to offer! Stay up to date on the park amenities by going online:



Original Homestead



ORGANIZATIONS MENTIONED

Check out these organizations for more ideas and other ways to enjoy the Red River:













WAYS TO ENJOY THE RED RIVER IN FARGO-MOORHEAD





With the Red River flowing through Fargo and Moorhead, there are many ways you can ENJOY this important resource in every season without having to travel far. Hike, bike, relax and explore while enjoying all the riverfront has to offer.



VOLUNTEER WITH RIVER KEEPERS

- There are many other ways to help people learn, sustain and enjoy the Red River such as planting trees, teaching youth how to fish, picking up trash, etc.
- More information:
 riverkeepers.org/volunteer/

