

# HELP KEEP PLASTICS OUT OF OUR ENVIRONMENT



Plastic bags are commonly found in trees along the Red River, and collecting these bags for proper disposal is often difficult. In addition, it takes hundreds of years for a plastic bag to degrade in the landfill.

## SIMPLE WAYS TO REDUCE PLASTIC BAG USE

- Use cloth or paper bags when shopping.
- Make your own bag by putting old T-shirts to use. See pattern provided on back.
- Reuse plastic bags as many times as possible.
- Use long lasting reusable containers instead of disposable bags.
- Recycle plastic bags at recycling bins in grocery and department stores.

**DONATE T-SHIRTS** in good condition to River Keepers T-shirt to Tote Project. Volunteers will turn them into a tote, which will be used for projects, outreach, and as an alternative option for customers at various local stores.



# T-SHIRT TO TOTE PATTERN



1. Cut off sleeves and neckline
2. Turn T-shirt inside out
3. a) If sewing, sew bottom closed  
b) If tying, cut strips at bottom, including along the side seam, 3 inches long about 1 inch thick. Double tie bottom fringes from the front and back of the shirt together. (The fringes will be hidden in the inside of the tote. If you want fringes hanging at the bottom on the outside of the tote, skip steps 2 and 4.)
4. Turn right side out
5. Use!

Scan the QR code to watch a training video or visit our YouTube channel.



Sew



Cut

Pattern supplied by Moorhead Community Education

1120 28th Ave. N., Ste. B, Fargo, ND 58102

[riverkeepers.org](http://riverkeepers.org)

701.356.8915

[kimberly@riverkeepers.org](mailto:kimberly@riverkeepers.org)



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