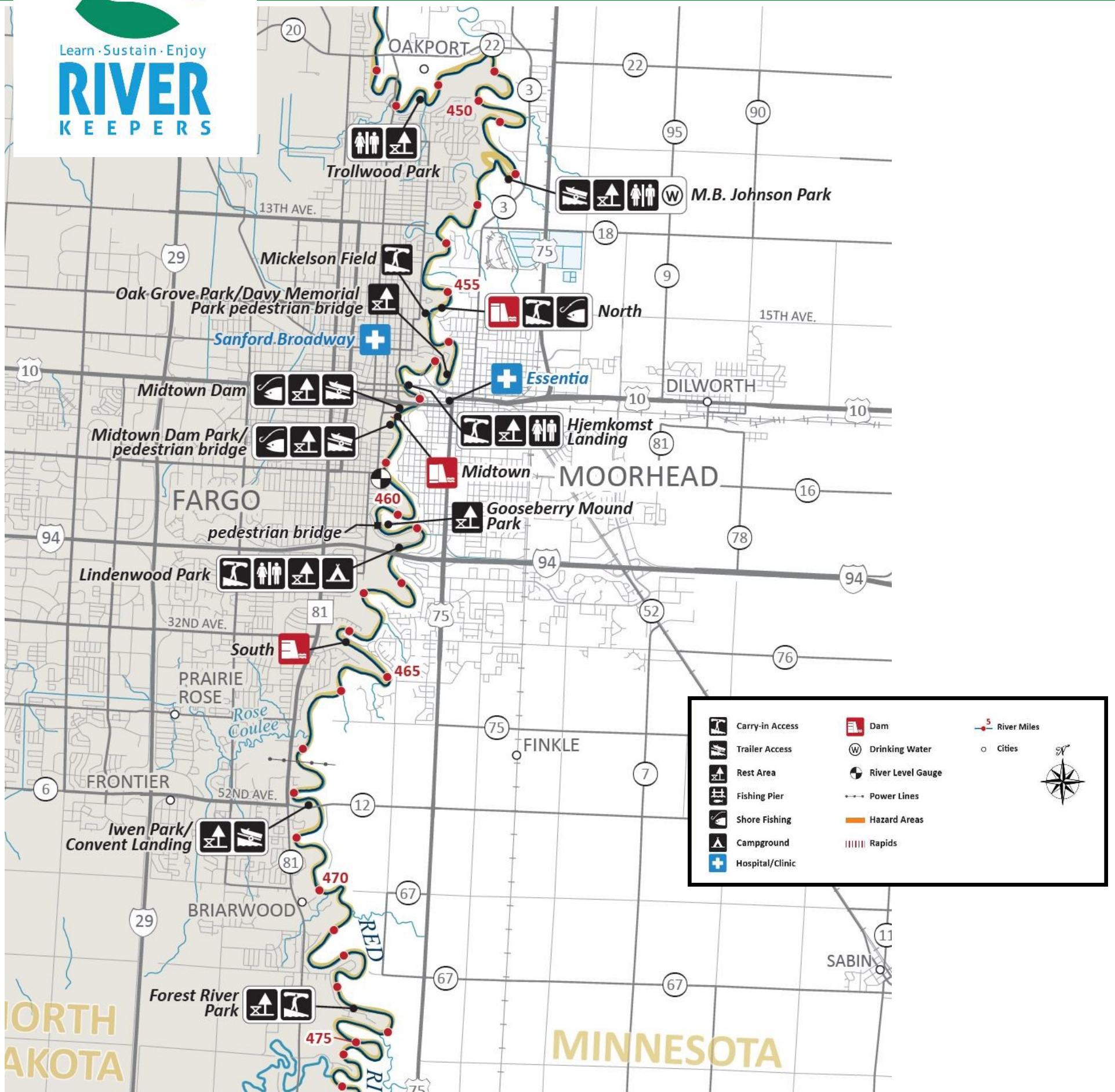




Fargo-Moorhead Area Red River Water Trail Map

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Except during floods, the Red River of the North is slow-moving and picturesque with its tree-covered banks and frequent wildlife sightings. It is serene and quiet even as the Red passes through small cities. Reminders of the past are found in the muddy banks where bison bones occasionally are exposed. These muddy banks may make access difficult.

There are no rapids except at some of the dams. Low flows expose rocks and snags creating hazards for motors and occasionally block the channel.

Note: River miles are counted beginning at the mouth of the Red River at Lake Winnipeg, Manitoba, and ending at Breckenridge, MN, according to a system developed by the U.S. Army Corps of Engineers. Right (R) and left (L) refer to the right and left bank, respectively, when facing downstream.

- 476.8 (L) Confluence with Wild Rice River.
- 473.5 (L) Forest River Park. Rest area, parking lot, carry-in access.
- 468.5 52nd Avenue/County Road 12 bridge.
- 468.4 (L) Iwen Park/Convent Landing. Trailer access, dock, parking, seasonal toilet, disc golf course.
- 467.2 Powerline Crossing.
- 466.8 Confluence with Rose Coulee.
- 464.4 **South Dam.** Retrofitted with rock slopeway, **portage left.** Shore fishing.
- 461.4 (L) Lindenwood Park. Picnic shelters, tent and trailer sites with hookups, playgrounds, restrooms, bicycle rental, kayak rental, carry-in access, trails, public telephone. A trail exists that connects Lindenwood Park to Oak Grove Park (456.5)
- 460.3 (R) Gooseberry Mound Park. Picnic shelters, playground, seasonal restrooms, trails.
- 460.3 Lindenwood/Gooseberry Mound Park pedestrian bridge. Seasonal.
- 458.5 (L) Midtown Dam upstream trailer access. Parking, picnic area, dock and shore fishing.
- 458.5 Floating pedestrian bridge. Seasonal. Portage Left.
- 458.4 **Midtown Dam.** **Portage left.** Retrofitted with rock slopeway.
- 458.3 (L) Midtown Dam downstream trailer access. Parking, picnic area, dock and shore fishing.
- 458.0 - 457.5 Street and railroad bridges.
- 457.8 (R) Hjemkomst Landing. Carry-in access, ADA ramp, canoe/kayak rental, parking, trails, interpretive kiosk, museum, restrooms.
- 456.5 Oak Grove Park/Davy Memorial Park pedestrian bridge. Seasonal, picnic area, playground, trails, shore fishing, historic cabin, disc golf course. A trail exists that connects Oak Grove Park to Lindenwood Park (461.4)
- 455.4 (L) Mickelson Field. Carry-in access.
- 455.4 12th Avenue/15th Avenue north bridge.
- 455.2 **North Dam.** **Portage right.** Retrofitted with rock slopeway, re-enter at carry-in access. Shorefishing.
- 452.1 (R) M.B. Johnson Park. Two trailer accesses, parking, seasonal toilets, picnic shelters, playground, interpretive signage, fish cleaning station.
- 447.5 (L) Trollwood Park. Picnic shelters, seasonal restrooms, trails and disc golf.
- 446.5 North Broadway bridge and powerline crossing.



Red River Tips

Canoeing, Kayaking and Boating

- Stay sober. Never recreate on the river while under the influence of alcohol or drugs.
- Children and adults should always wear a Personal Flotation Device (PFD)/life jacket that fits properly and is fastened. Don't assume you have the swimming skills to keep you afloat, even the strongest swimmers can drown.
- Know the river and weather conditions.
- Do not paddle/boat alone.
- Learn about your route in advance, including potential hazards.
- Take a paddling/boating class. Learn the essential canoeing/kayaking strokes to effectively steer the vessel.
- Learn to swim.
- Avoid situations that are beyond your paddling ability.
- Carry a spare paddle.
- Keep cell phones in watertight bags.
- Bring a whistle or sound-signaling device.
- If you fall in, point your feet downstream and towards the surface and swim to shore.
- Don't go into the water to rescue somebody else, call 9-1-1, then be sure have a life jacket on, throw something to them to help them float or reach out with a pole or branch but keep a firm grip.
- Bring a First Aid kit.
- Bring a pump and sponge.
- Before going on the water, tell someone where you are going and when you will return.
- Be sure your vessel is in good repair.
- Do not stand up in a canoe or kayak.
- Center and distribute weight evenly.
- Avoid weight shifts that may cause capsizing.
- Dress appropriately: wear sunscreen, bring a hat and sunglasses, clothing layers are a great answer to changing temperatures.
- Bring plenty of drinking water.
- Watch for anglers lines in the

Fishing

- Stay sober. Never recreate near the river while under the influence of alcohol or drugs.
- Children and adults should always wear a Personal Flotation Device (PFD)/life jacket that fits properly and is fastened. Don't assume you have the swimming skills to keep you afloat, even the strongest swimmers can drown.
- Be careful of slippery riverbanks.
- Know where your fishing hooks are flying.
- Practice Catch-Photo-Release.

Dam Safety

The three lowhead dams in Fargo-Moorhead have been modified with rock slopeways to eliminate dangerous undertows below the dams. The resulting rapids also allow fish to pass, especially during spawning season. Always use a portage unless you are experienced and familiar with canoeing or kayaking in rapids. Refer to a map for dam locations, as they are not always marked.

Swimming/Wading

- Swimming in the Red River is not recommended.
- If wading, wear a properly fitted and fastened life jacket.

Aquatic Invasive Species/Aquatic Nuisance Species

The Red River is host to zebra mussels—a key aquatic invasive species (AIS) that can cause harm to the river system and recreation. To prevent the spread of AIS to other rivers and lakes, paddlers should make sure they drain water from the inside of their vessels and remove any plants or debris from equipment. Additional recommendations include:

- Spray with high-pressure water
- Rinse with very hot water (120°F for at least 2 minutes; or 140°F for at least 10 seconds)
- Dry for at least 5 days



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Be A Good Steward. Clean. Drain. Dry.
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