

## Three Flag Races

- Choose your distance from 1.5, 3.5 or 6 miles.
- Participants will paddle up river to a designated turnaround point, grab a prize, and return down river to the finish.

## The Course

All races begin and end at the Midtown Dam South Boat Ramp at Dike East (100 2nd Street South, Fargo).

## Rent a Canoe or Kayak

\$15 rental includes paddles and life jackets. Limited number available.

## Unloading and Parking

- Drop off your vessel between noon - 4:00 p.m. and receive a surprise. River Keepers staff will be on site to ensure security.
- Allow plenty of time when unloading right before the race. Drop off vessel near the Midtown Dam South Boat Ramp, then park. Carpooling is suggested!

## Entry Fee

- Early bird fee is \$20/person.
- Entry fee is \$25/person after May 28 at 5:00 p.m.

## Categories

**Canoe:** Solo, Male Team, Female Team, Co-ed Team

**Solo Kayak:** Male, Female

**Tandem Kayak:** Male Team, Female Team, Co-ed Team

**Non-traditional:** rowboat, hydrobike, SUP, peddled

## Best Decorated

Decorate your vessel and arrive early to have your picture taken which will be posted on River Keepers Facebook page. The picture with the most likes by June 9th at 4:00 p.m. will receive an award. All decorations must be securely fastened and collected immediately if they fall off.

## Precautions

The Red River is host to zebra mussels—a key aquatic invasive species (AIS) that can cause harm to the river system and recreation. To prevent the spread of AIS to other rivers and lakes, racers should make sure they drain water from the inside of their vessels and remove any plants or debris from equipment.

### ADDITIONAL RECOMMENDATIONS INCLUDE:

- **Spray** with high-pressure water
- **Rinse** with very hot water (120°F for at least 2 minutes; or 140°F for at least 10 seconds)
- **Dry** for at least 5 days

## Rules to Remember

- Fun is the primary intention of this event!
- Life jackets must be worn AND fastened at all times.
- All vessels must be manually propelled.
- No tipping, bumping or splashing others.
- Alcohol is not permitted.

## Family and Friends

Family and friends can bike/run/walk along the entire course on the Fargo Park District's trail system to watch paddlers.

## Award Ceremonies

The 1st place winners in each category will be announced at the following approximate times:

- 1.5 mile race at 7:00 p.m.
- 3.5 and 6 mile races at 8:15 p.m.

Dan Pullen was a great promoter of the Red River and River Keepers. He paddled the entire Red River, participated in many Race the Red events, served 6 years on River Keepers board of directors, and volunteered for many events.

### OUR MISSION:

“Advocating for safe and sustainable use of the Red River of the North.”

## REGISTRATION FORM

OR REGISTER THROUGH EVENTBRITE AT:  
eventbrite.com/e/2020-race-the-red-canoe-kayak-races-registration-87703315979

Team Name

First Participant Name

Address

Day Phone

E-mail

Second Participant Name

Address

E-mail

### Categories

#### Canoe

- Solo
- Male Team
- Female Team
- Co-ed Team

#### Solo Kayak

- Male
- Female

#### Tandem Kayak

- Male Team
- Female Team
- Co-ed Team

#### Non-traditional

- Rowboat, Hydrobike, SUP, Peddled

### Reserve a

- Canoe
- Single Kayak
- Tandem Kayak

*(Limited number available)*

### Race Distance

- 1.5 miles
- 3.5 miles
- 6 miles

*(You can change distances the day of. Your tentative distance helps us plan.)*

### Best Decorated Contest

### Registration

- \_\_\_ \$15 for Canoe/Kayak Rental
- \_\_\_ \$20/person Early Bird Fee
- \_\_\_ \$25/person if registered after May 28th

Total \$ \_\_\_\_\_

*\*Registration covers all race distances*

## WAIVER OF RIGHTS

I have read and understand the general rules and instructions for the canoe and kayak races.

I will wear my personal flotation device AND have it fastened at all times.

I will not drink alcohol before or during this event.

I am entering this event at my own risk and agree to waive all rights and claims for damages/injuries suffered in connection with my participation against River Keepers, race sponsors, Fargo Park District, the cities of Fargo and Moorhead and their respective governments and agencies.

I also give permission for the free use of my name and/or picture in any broadcast or other account of this event. (Under 18 requires parent or guardian signature.)

First Participant's Signature:

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Second Participant's Signature:

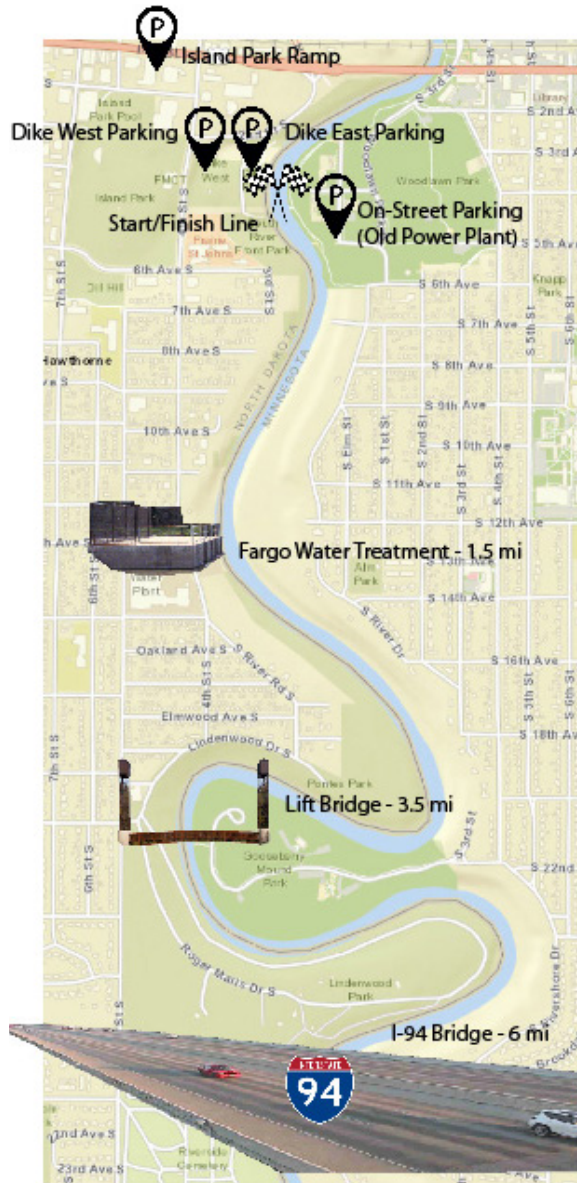
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Please mail or deliver your registration and fee to:

River Keepers  
1120 28th Ave. N., Ste. B.  
Fargo, ND 58102



## COURSE MAP AND PARKING



28TH ANNUAL



DAN PULLEN MEMORIAL RACE

CANOE & KAYAK RACES  
MONDAY, JUNE 1, 2020  
(BACK-UP WEATHER DATE: JUNE 8)

6:30 P.M.

DIKE EAST, FARGO



REGISTERED PARTICIPANTS ARE ENTERED  
INTO A DRAWING FOR A KAYAK

riverkeepers.org  
701.356.8915  
kimberly@riverkeepers.org

f RiverKeepersFM  
i fmriverkeepers  
v RiverKeepersofFM

