## **Three Flag Races**

- Choose your distance from 1.5, 3.5 or 6 miles.
- Participants will paddle up river to a designated turnaround point, grab a prize, and return down river to the finish.

#### **The Course**

- All races begin and end at the Midtown Dam South Boat Ramp at Dike East (100 2nd Street South, Fargo).

#### Rent a Canoe or Kayak

- \$15 rental includes paddles and personal flotation devices (PFDs). Limited number available.

## **Unloading and Parking**

- Allow plenty of time to unload near the Midtown Dam South Boat Ramp at Dike East.

#### **Entry Fee**

- Early bird fee is \$20/person.
- Entry fee is \$25/person after May 28 at 5:00 p.m.

#### Categories

Canoe: Solo, Male Team, Female Team, Co-ed Team Solo Kayak: Male, Female

Tandem Kayak: Male Team, Female Team, Co-ed Team

Non-traditional: rowboat, hydrobike, SUP, peddled

#### **Precautions**

The Red River is host to zebra mussels-a key aquatic invasive species (AIS) that can cause harm to the river system and recreation. To prevent the spread of AIS to other rivers and lakes, racers should make sure they drain water from the inside of their vessels and remove any plants or debris from equipment.

#### ADDITIONAL RECOMMENDATIONS INCLUDE:

- Spray with high-pressure water
- Rinse with very hot water (120°F for at least 2 minutes; or 140°F for at least 10 seconds)
- Dry for at least 5 days

## **Rules to Remember**

- Fun is the primary intention of this event!
- PFDs must be worn AND fastened at all times
- All vessels must be manually propelled
- No tipping, bumping or splashing others
- Alcohol is not permitted

## **Family and Friends**

Family and friends can bike/run/walk along the entire course on the Fargo Park District's trail system to watch paddlers.

#### **Best Decorated**

Decorate your vessel and arrive early to have your picture taken which will be posted on River Keepers Facebook page. The picture with the most likes by June 18th at noon will receive an award. All decorations must be securely fastened and collected immediately if they fall off.

#### **Award Ceremonies**

The 1st place winners in each category will be announced at the following approximate times:

- 1.5 mi. race at 7:00 p.m.

- 3.5 and 6 mi. race at 8:15 p.m.

Dan Pullen was a great promoter of the Red River and River Keepers. He paddled the entire Red River, participated in many Race the Red events, served 6 years on River Keepers board of directors, and volunteered for many events.

OUR MISSION: "Advocating for safe and sustainable use of the Red River of the North."

# **REGISTRATION FORM**

OR REGISTER THROUGH EVENTBRITE AT: eventbrite.com/e/2020-race-the-red-canoe-kayak-racesregistration-87703315979

**Team Name** 

First Participant Name Address	
E-mail	
Second Participant Name Address E-mail	
Solo Kayak Male Female	Best Decorated Contest Registration \$15 for Canoe/Kayak Renta
Tandem Kayak Male Team Female Team Co-ed Team	<ul> <li>\$20/person Early Bird Fee</li> <li>\$25/person if registered after May 28th</li> </ul>
Non-traditional Rowboat, Hydrobike, SUP. Peddled	Total \$ *Registration covers all race

distances

## **WAIVER OF RIGHTS**

I have read and understand the general rules and instructions for the canoe and kayak races.

I will wear my personal flotation device AND have it fastened at all times.

I will not drink alcohol before or during this event.

I am entering this event at my own risk and agree to waive all rights and claims for damages/injuries suffered in connection with my participation against River Keepers, race sponsors, Fargo Park District, the cities of Fargo and Moorhead and their respective governments and agencies.

I also give permission for the free use of my name and/or picture in any broadcast or other account of this event. (Under 18 requires parent or guardian signature.)

First Participant's Signature:

Second Participant's Signature:

Please mail or deliver your registration and fee to: River Keepers 1120 28th Ave. N., Ste. B. Fargo, ND 58102



## **COURSE MAP AND PARKING**



riverkeepers.org 701.356.8915 kimberly@riverkeepers.org F RiverKeepersFM fmriverkeepers RiverKeepersofFM

### **28TH ANNUAL**



#### DAN PULLEN MEMORIAL RACE

CANOE & KAYAK RACES MONDAY, JUNE 1, 2020 (BACK-UP WEATHER DATE: JUNE 8) 6:30 P.M. DIKE EAST, FARGO



