

# 2011 Race the Red

## Chose from Two Races:

### Competitive Race:

Distance: 10 miles  
Start time: 6 p.m.

### Fun Race:

Distance: 2 miles  
Start time: 7:30p.m.

## Awards & Prizes

- ◆ Awards for category winners
- ◆ Everybody receives a T-shirt

## Registration:

- ◆ Entry fee is \$15/solo & \$25/team if pre-registered.
- ◆ \$10 late fee if registration not received by 5:00 p.m. on Thursday, July 14.



## The Course:

Both races will begin at the pedestrian bridge in Fargo's Lindenwood Park (5th Street & 17th Avenue South) and finish at Fargo's Dike East/Midtown Dam (2nd Street & 2nd Avenue South.)

## Need a canoe or kayak?

Rent a canoe or kayak from River Keepers for \$15. Price includes paddles and personal flotation devices. Limited number available. Pre-registration encouraged.

## Rules to remember:

- ◆ Fun is the primary intention of this event!
- ◆ Personal flotation devices must be worn at all times.
- ◆ All canoes/kayaks must be manually propelled.
- ◆ Participants must possess respect for the Red River, regard for safety, common sense, consideration for others and good humor.
- ◆ No tipping, bumping or splashing others.
- ◆ Alcohol is not permitted.
- ◆ All protests will be heard by the committee and the decision of the committee will be final.
- ◆ All participants must sign a liability waiver.



## Canoeing, Cooking, and Camping: A Women's Weekend on the Red

- ◆ Learn paddling and outdoor cooking techniques from skilled outdoor women.
- ◆ Learn about the Red River's history, geography and wildlife.
- ◆ Camp two nights.
- ◆ Bring only personal items, we supply the rest!
- ◆ Share a fun outdoor adventure with new friends or bring your daughter, sister, or girlfriend.
- ◆ For more information, call 701-235-2895 or e-mail [Christine@riverkeepers.org](mailto:Christine@riverkeepers.org).

## Registration Form

### First Participant

Name.....

Address .....

Day Phone ..... E-mail.....

Reserve a \_\_\_canoe \_\_\_ single kayak \_\_\_ tandem kayak for me (A limited number are available)

### Categories (Check one):

Competitive Canoe: \_\_\_ Solo \_\_\_ Male Team \_\_\_ Female Team \_\_\_ Co-ed Team

Competitive Kayak: \_\_\_ Solo \_\_\_ Tandem \_\_\_ Competitive Non-traditional (scull, rowboat, hydrobike)

Fun Canoe: \_\_\_ ages 16 & over \_\_\_15 & under

Fun Kayak: \_\_\_ ages 16 & over \_\_\_15 & under \_\_\_ Fun Non-traditional (scull, rowboat, hydrobike)

### Second Participant (if applicable)

Name.....

Address .....

Day Phone ..... E-mail.....

\_\_\_ \$15 for canoe/kayak rental

\_\_\_ \$15/solo entrant

\_\_\_ \$25/team entrant

\_\_\_ \$10 if registered after July 14

\_\_\_ \$ Total

## Waiver of Rights

I have read and understand the general rules and instruction for the canoe and kayak races. I will wear my personal flotation devise and have it fastened at all times. I will not drink alcohol before ore during this event. I am entering this event at my own risk and agree to waive all rights and claims for damages/injuries suffered in connection with my participation against River Keepers, race sponsors, Fargo Park District, the cities of Fargo and Moorhead and their respective governments and agencies. I also give permission for the free use of my name and/or picture in any broadcast or other account of this event. (Under 18 requires parent or guardian signature.)

**Signed:** (All participants must sign.) \_\_\_\_\_

**First Participant:** \_\_\_\_\_

**2nd Participant:** \_\_\_\_\_

Please mail or deliver your registration and fee to: River Keepers, 325 7th St. S. Ste 201, Fargo, ND 58103-1846



19 th Annual



Canoe & Kayak Races  
Monday, July 18, 2011



FM Convention & Visitors Bureau

Coordinated by:



Sponsored by:

